

University of Family Learning (UFL) 2016 FALL Course Catalog *Secondary*

The **University of Family Learning (UFL)** is an opportunity for adult family members of current and future CCSD students to access valuable educational, networking, and parent leadership information and opportunities that will increase both family and student success. Parents are invited to participate in a variety of courses and workshops that support the Superintendent's *Pledge of Achievement* goals. Every UFL course or workshop offers credit for hours of participation. Parents who meet the yearly goal are recognized at an end of year "Ceremony of Achievement".

Contact your **Family/School Liaison (FSL)** for more information and to schedule.

Family/School Liaison:

Phone:

Email:


Focus Areas: (Please click on the area below for that section of the catalog.)

- [Parents as Teaching Partners](#)
- [Navigating the School System](#)
- [Parent Leadership](#)
- [Family Wellness & Development](#)



“**Pat's Picks**”- Look for this symbol to see courses recommended by Superintendent Pat Skorkowsky.

Parents as Teaching Partners





<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
302	Textbook Detective	CCSD ELL	A textbook is a powerful tool in increasing comprehension of material in content areas. This course offers strategies to help your child navigate a textbook/eTextbook effectively.	Families with students in grades 6-12	1 hour session
317 	Engineering Adventures: A Focus on STEM – Science, Technology, Engineering & Math (Middle School) <i>Offered bilingually or available separately in Spanish, if requested</i>	CCSD ELL	This course is designed to spark interest in Math, Science, and Engineering practices. Parents will experience engineering challenges such as building a water tower, a parking garage, and a house, using inexpensive materials. Parents will receive materials to engage their family in similar challenges at home.	Families with students in grades 6-8	1.5 hour session
318	Language Development at Home and at School <i>Offered bilingually or available separately in Spanish, if requested</i>	CCSD ELL	This session will provide parents and caregivers an understanding of how students are identified as an English Language Learner based on their language development levels. They will discover the difference between social and academic language. Parents will also learn ways to promote academic conversations in everyday interactions.	Families with students in grades PK-12	1 hour session
326	Connect the Dots (Middle School) <i>Offered bilingually or available separately in Spanish, if requested</i>	CCSD ELL	Take a closer look at surprising results in everyday life. Explore the mathematical concept of statistics through interactive activities.	Families with students in grades 6-8	1 hour session
327	Connect the Dots (High School) <i>Offered bilingually or available separately in Spanish, if requested</i>	CCSD ELL	Take a closer look at surprising results in real-world applications. Explore the mathematical concept of statistics through interactive activities leading towards college and career readiness skills.	Families with students in grades 9-12	1 hour session
310	Promoting Literacy in Middle School <i>Offered bilingually or available separately in Spanish, if requested</i>	CCSD ELL	This session will provide parents and caregivers an understanding of literacy and strategies to build academic language at home. Parents will also learn ways to motivate their children to read and enjoy informational text and literature.	Families with students in grades 6-8	1 hour session
118	6th Grade Smarts	CCSD FACES	Your 6 th grader may be experiencing many changes during this year both academically and personally. He may be starting more strenuous course work while also forming more social connections. Many children in this age group experience growth spurts as they move into adolescence. This workshop will provide ideas to help support your child's personal and academic development.	Families with students in grade 6	1 hour session

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119	Making it in Middle School	CCSD FACES	At ages 12 and 13, your 7th grader may begin to push away from adults while still needing your reassurance and support, both academically and personally. He may be very influenced by his peers and worry about fitting in. Academically, his coursework continues to be more rigorous than it was in earlier grades. But you can still have a lot of influence on his success. We will provide several ideas to use at home.	Families with students in grades 7-8	1 hour session
109MS	Talking Counts!	CCSD FACES	Talking with kids can seem like talking to the wind. Get tips on how to get through to your child. You can increase your child's vocabulary and background knowledge — two important pieces of the reading puzzle — by having conversations with them. Giving children a rich language environment is one of the best ways to build a foundation for reading success.	Families with students in grades 6-8	1 hour session
514	Help Support Your Child to Focus on Learning	NV PEP	Do you find that homework and other tasks can be challenging for your child to complete? Learn about the difficulties children have with focusing, their different learning styles, and strategies that can help you help your child focus better.	Families with students in grades K-12	1.5 - 2 hour session

Navigating the School System

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
321 	Get College Ready vs. College Eligible	CCSD EDE	Attendees will learn what it means to be "college-ready" and where high school students currently stand on that score. The presentation will provide information/resources regarding the sets of knowledge and skills needed for college access.	Families with students in grades 9-12 (Adults and students may attend class together)	1 – 1.5 hour session
319 	Our Journey Together: Success for all Students <i>Offered bilingually or available separately in Spanish, if requested</i>	CCSD ELL	The Clark County School District Master Plan for English Language Learner Success was created to ensure all students achieve. Come to this session to learn how the ELL Master Plan was built to ensure that students graduate college and career ready.	Families of students classified as English Language Learners	1 hour session
103MH	Attendance Matters: Helping Your Child Succeed in School (Secondary)	CCSD FACES	Good attendance isn't just about school policies; it is an important part of school success. There is a strong link between regular, consistent attendance and student achievement. Absenteeism is a red alert that students will drop out of high school. Come and learn what attendance includes, why it's important and how to develop family routines.	Families with children in grades 6-12	1 hour session
102 	"Can We Talk?" Effective Home-School Communication	CCSD FACES	It used to be that parents and teachers had set days and times for parent-teacher conferences, and communication outside the conference was rare. Thanks to email, school websites and social networking sites, parents and teachers can communicate with each other more easily and frequently. Despite that, some parents are still reluctant to contact their child's teacher. Don't be! This workshop will teach you how to create an authentic partnership with your child's school and teachers every year. Additionally, the session will present the steps to take if there is a breakdown in communication in the Clark County School District.	Families with students in grades PK-12	1 hour session
104 	Infinite Campus Parent Portal Workshop	CCSD FACES	The Clark County School District has created a web-based system to help you more effectively monitor the progress of your child. This system provides detailed, real-time information, including: demographics, schedules, assignments, assessment scores, calendar, grades, attendance, graduation progress, academic planner, to do lists, reports, and district and school notices.	Families with students in grades PK - 12	30-45 minute session



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113  Pat's Pick	No More Paper! The Flipped & Blended Classrooms	CCSD FACES	While technology has been changing classrooms for years, educators say it is growing and altering the way students learn. Across the nation, elementary, middle and high school students are using everything from desktops, laptops, tablets, and smartphones to log on and link together with their classmates and teachers. This course will inform parents of some new ways educators teach without paper and textbooks. We encourage participants to bring a device such as a smart phone or tablet, if possible, for hands-on learning.	Families of students in grades 3-8	1.5 - 2 hour session
307	Preparing your Child for College and a Future Career	CCSD Guidance & Counseling	This course provides an overview of career exploration, necessary components of success in high school, the NV labor market, and focuses on the key components and time lines required to successfully be admitted to a college including course selection, extracurricular participation, college entrance exams, college search and best fit, college applications, and funding college. There will be an emphasis on the link between college completion and career choice. Parents of all students (as well as high school students) are encouraged to attend and will leave with the ability to better prepare their children for college and a future career.	Families with students in grades 6-12	1.5 hour session
304  Pat's Pick	Insight into Graduation Requirements	CCSD Guidance & Counseling	This course includes the overview of high school graduation requirements to include required credits, Nevada High School Proficiency Exams, End of Course Exams, and College and Career Readiness Assessment. Available credit options and earning college credits while in high school will also be discussed. All parents of high school students and those entering high school are welcome to attend and will leave with the knowledge that will assist them in helping their child graduate from high school.	Families with students in grades 9 - 12	1.5 hour session
326	Is Your Child Future Ready?: Exploring Magnet, Select, and Career & Technical Schools	CCSD Magnet Schools and Career & Technical Academies	Parents will learn about the many choice options in CCSD that include magnet programs, Select Schools, and Career and Technical Education opportunities. By participating in one of these programs, students can get a jump start on their future and be college and career ready.	Families with students in grades PK – 12 (Adults and students may attend class together)	30 minute – 1 hour session
512	Considering College? Learn What's Available and How To Get It	Nevada PEP	Have a student who is thinking about going to college? This workshop will guide you where to go, what to ask, and how to apply to help you support your student as they get ready for the next chapter as a college student. You will be provided a "You Can Do It!" workbook to assist you with gathering information to better prepare your child for post-secondary education. Parents and students are encouraged to attend this workshop together.	Families with students in grades 9-12 (Adults and students are encouraged to attend class together)	1.5 hour session

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508	Understanding Individualized Education Plans (IEP)	Nevada PEP	Parents are key members of their child's IEP team. This workshop includes an in-depth look at the Individualized Education Plan (IEP), including how to use evaluations to write measurable goals, as well as strategies to help parents be more active in their child's IEP meetings.	Families of students receiving Special Education services	1.5- 2 hour session
505	Nevada State Standards and Assessments: What DO Families Need to Know?	Nevada PTA	Learn more about Nevada State Assessments and State Standards in both English Language Arts and Math, and how you can support your students before, during, or after the tests. This workshop is an opportunity to engage, educate, and empower families.	Families with students in grades K-12; Parent Groups	1 hour session

Parent Leadership


<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
301 	Building a Safe and Respectful Learning Environment	CCSD Equity & Diversity Education	This workshop is designed to support community members with gaining knowledge on building a safe, secure, and respectful learning environment for all students. The school district strives to address bullying and cyberbullying so that there is no disruption of the learning environment and learning process.	Families with students in grades PreK-12	1.5 hour session
126 	Parent Organizations: The Choice is Yours	CCSD FACES	Users of this workshop will be able to host a working session for parents, community members and school staff to organize and self-start a functional parent-teacher organization on their campus. It doesn't take much time to get a parent-teacher organization started. Find just one parent in your school/community to take the lead, and before you know it, there will be a group of dedicated parents doing what parent teacher organizations do best: providing resources and programs to all families, students, teachers, and school staff. In six steps you can create the organization that works best for your community. FACES has prepared sample materials and gathered resources to guide you as you and your team build the foundation of engaged and committed parent leaders.	Families with students in grades PK-12; Parent Groups	1 hour session
303	Police and Parents: Partners for Safe Schools	CCSD Police	The purpose of this workshop is to familiarize parents with the services offered by the Clark County School Police Department and how parents can partner with CCSD to create a safer learning environment for their children. Make sure to come with your questions about your specific school community!	Adult family members of CCSD students	30-45 minute session
322	Bicycle and Pedestrian Safety Clinic – Train the Trainer Workshop	CCSD Safe Routes to School	The Train the Trainer Workshop teaches participants how to organize and hold successful bike rodeos for students at their school or other location. Bike rodeos teach students fundamental bicycle handling skills in a structured format. Workshop participants learn how to plan and organize a tailored bike rodeo; select and set-up stations; enlist volunteers and sponsors; time management strategies and more!	Families with students in grades PreK-8; Parent Groups	1.5 hour session
323	Organizing a Walking School Bus or Bike Train at Your School	CCSD Safe Routes to School	Walking school buses combine safety and fun with the walk to school. A walking school bus is a group of children walking to school with one or more adults. This course will outline the benefits of starting a walking school bus (including improved attendance rates) and deciding if a walking school bus is the right fit. Examples of successful walking school buses in CCSD will be presented.	Families with students in grades PK-8	1 hour session

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502	Bullying Prevention – Everyone’s Responsibility: What Parents Can Do	Nevada PEP	Join us as we discuss the dynamics of bullying, including what bullying is, types of bullying, who is bullied, and why children are bullied. Other topics include steps to intervene in bullying behavior, how to encourage students who witness bullying to take action, the role of the school, and laws and policies. Don’t miss this valuable training to learn about the steps parents can take to stop bullying.	Adult family members of CCSD students	1.5– 2 hour session
522	Where Social Media and School Advocacy Collaborate!	Nevada PTA	Social media is a powerful tool that is changing the way people absorb information, mobilize for advocacy, and raise awareness about issue campaigns. Research shows that more than 90% of people trust peer recommendations, but only 33% trust messages from brands and organizations. This is the power of social media, where networks are comprised of friends, family, community, and connections, which allows organizations to amplify a singular message and spread it quickly. This UFL course will assist you and your organization on how to effectively use this platform for different audiences and leverage social media to increase participation and share information with your families and school community.	Families with students in grades PK-12; Parent Groups	1 hour session
506	Safe and Secure Online	NV Energy	This course is designed to provide participants with cybersecurity education and awareness training in order to secure their online lives. Participants will learn how to look for signs of technology based problem and threats, and how to protect themselves and their children from online predators. The instructor will use research-based information to assist family members to become responsible digital citizens.	Adult family members of CCSD students	2 hour session
510	Critical Thinking for Parents: New Approaches for Advocating for Your Child and Resolving Conflicts	thinkLaw	What do you do when your child has an issue at school that is not easy to resolve? If you have ever asked yourself this question when dealing with your child’s teachers or school leaders, this session is for you. In Critical Thinking for Parents, you will learn practical critical thinking skills for solving tough problems using real- life legal cases to help you see problems and solutions from multiple angles.	Families with students in grades 6-12	1 hour session

Family Wellness & Development

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
515	Healthy Parent, Healthy Kids: Know Your Heart <i>Available separately in Spanish Course 515S Conozca su Corazon</i>	American Heart Association	This course will help families become familiar with healthy living style choices. Participants will set goals to promote and sustain healthy living. <ul style="list-style-type: none"> • Session 1 – My Heart and My Health • Session 2 – Losing Weight the Healthy Way • Session 3 – Let's Move! • Session 4 – Making Healthy Food Choices 	Families with children ages 0-5 and grades PK-12 (Adults and children may attend class together)	4 weekly 1 hour sessions <i>(not necessary to attend all sessions)</i>
201	English as a Second Language (ESL) for Adults <i>Offered at Family Engagement Centers ONLY</i>	CCSD FACES and CSN (Course 201C)	This course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking, and listening. Students learn strategies in order to advance their reading, listening, and pronunciation skills.	Adult family members of CCSD students	Varies by location
324	Street Smarts: Encouraging Safe Walking and Bicycling to and from School	CCSD Safe Route to School	Walking and bicycling to and from school provides many benefits to students. Learn about those benefits and the following: teaching children to walk and bicycle safely to and from school, the importance of being a role model, and an overview of a parent led walking school bus or bicycle train program.	Families with students in grades PK-8; Parent Groups	1 hour session
325	Active and Healthy Families: Special Events and Programs to Boost Physical Activity	CCSD Safe Routes to School	The Safe Routes to School (SRTS) program facilitates several events each school year to encourage students and parents to be physically active. In addition to highlighting these events and programs, the course will cover the relationship between physical activity and academic achievement; and how parents can take a leadership role in planning and organizing a special event at their child's school.	Families with students in grades PK-8	1 hour session
415	 Staying Connected with Your Teen <i>Available separately in Spanish Course 415S Permanezca Conectado con su Adolescente</i>	Clark County DFS Parenting Project	Staying Connected with Your Teen is a six-session program where parents and youth, ages 11 to 17, learn to work cooperatively to improve their relationship, communicate more effectively and develop mutual trust and respect. Parents and youth participate in problem-solving, conflict resolution and asset-building activities designed to promote a nurturing and supportive family environment.	Families with students in grades 6-12 (Adults and students attend the class together)	6 weekly 2 -2.5 hour sessions

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412	Teen Triple P: Teen Positive Learning Program	Clark County DFS Parenting Project	In the Teen Triple P course, parents and caregivers learn new parenting skills and improve existing skills to support the development of their teenager. This eight-session program provides parents with strategies to increase desirable teen behaviors and manage problem behaviors in a constructive and caring manner to reduce conflict and minimize risk behavior.	Families with children ages 13-17 (For Adults only)	8 weekly 2 hour session
507	Scams, Rip-Offs and Unwise Decisions	Financial Guidance Center	This workshop will define a scam, identify rip-offs and unwise decisions, and review the billions of dollars lost by consumers. Participants will learn why schemes don't work and will be provided with information for filing complaints. We will discuss scams such as charity solicitations, fraud through mail. Credit repair, travel scams, work at home, pyramid sales, grocery delivery services, and predatory lending. The workshop cautions consumers of the many tricksters whose attractive schemes and offers could prove to be costly.	CCSD High School Students and Adult family members of CCSD students	1 hour session
501	Budgeting 101	Financial Guidance Center	Is your money getting away from you? Where is it going? This class offers ideas and suggestions relative to planning and building for a brighter financial future through the basics of and how-to of creating a workable sustainable budget.	Adult family members of CCSD students	1 hour session
503	Credit for Today	Financial Guidance Center	Building and maintaining favorable credit will allow you to achieve a better lifestyle. Learn how to define and manage your credit as a consumer, what makes up a credit score, which items affect credit history, and the effects of collection accounts and debt. Topics will include credit reporting, credit histories, credit worthiness, communication with creditors, bankruptcy, advantages and disadvantages of credit, credit abuse and recognizing scams.	Adult family members of CCSD students	1 hour session
504	Deals on Wheels: How to Buy a Car You Can Afford to Own	Financial Guidance Center	What can you afford to buy? What are the most economical methods of financing, leasing, insuring and maintaining a car?	CCSD High School Students and Adult family members of CCSD students	1 hour session
511	Financial Guidance Center Overview of Programs & Services	Financial Guidance Center	Do you feel like there's more month than money? Do you have credit issues or are you trying to build your credit? Are you thinking about home ownership? Want to get a certificate or college degree or own a small business? Learn about programs, services and resources that will help you meet your financial goals!	Adult family members of CCSD students	60 minute session
516	Parenting the Positive Discipline Way	Illuminations Counseling	This class is group-focused on building an understanding between the parent and the child. Parents learn skills to use with their child for assisting their child to discover how capable they are.	Families with students in grades PK-12 (Adults and children may attend class together)	3 weekly 1.5 hour sessions

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513	Getting and Keeping the First Job	Nevada PEP	<p>This workshop is designed to help families understand the realities of employment for all youth, with a special emphasis on strategies youth with disabilities can use to improve employment prospects. The workshops will cover the importance of work, what some youth with disabilities experience as they attempt to enter the job market, and the crucial role self-awareness, career planning, and families play in the process. In addition, topics covered will include:</p> <ul style="list-style-type: none"> • Writing a resume • Being interviewed • Identifying job accommodations if necessary • Deciding whether or not to disclose a disability to an employer <p><i>(This training is geared toward families of youth with children with all disabilities. Nonetheless, the material is accessible to all parents and students interested in learning about the transition from school to employment.)</i></p>	Families with students in grades 9-12 (Adults and students are encouraged to attend class together)	1.5 hour session
521	The Climb: Never Give Up	Never Give Up Foundation	<p>This 5 hour course offers best practices for engaging family members in meaningful interactions with the goal of creating common ground and appropriate communication within the family unit. Instructors present situations based upon real life situations along a theme where detachment from one another can pose long term challenges. Guided discussions and breakout groups will work through ways to keep lines of communication open within the family.</p> <ul style="list-style-type: none"> • Week 1: Purpose • Week 2: Setting the Tone • Week 3: Emotional Resiliency • Week 4: Celebrating the Wins • Week 5: Letting Go 	Families with students in grades PK-12	5 weekly 1 hour sessions <i>(not necessary to attend all sessions)</i>
509	It's Not Just Jenna: Abuse Prevention	Rape Crisis Center	<p>"It's Not Just Jenna" presents the story of Jenna, a young woman who was sexually abused by a family friend. The story follows how her family discovered the abuse, and came together to get help for Jenna. The story of this family's healing helps parents understand how to prevent and address sexual abuse in an empowering way. Attendees will</p> <ul style="list-style-type: none"> • Learn strategies for sexual abuse prevention • Recognize the signs that and adult may present a risk to children • Recognize the signs that a child may be experiencing abuse • Understand the steps for responding to a child who discloses abuse 	Adult family members of CCSD students	1 hour session

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406	Expanded Food and Nutrition Education Program (EFNEP)	UNCE	<p>Join the Expanded Food and Nutrition Education Program (EFNEP)/Eating Smart and Being Active classes and learn how to save money and eat smart! Our eight-lesson class series will teach you to</p> <ul style="list-style-type: none"> • Save money and plan tasty, healthy meals for your family • Prepare new recipes and eat more meals at home • New ways to enjoy fruits and vegetables • Control portion sizes • Prepare and store food safely and prevent waste • Prepare nutritious and delicious recipes • Be more physically active with your children 	Adult family members of CCSD students	8 weekly 1.5 hour sessions

Explanation of Terms

CCSD	Clark County School District
CSN	College of Southern Nevada
DFS	Department of Family Services
EDE	Equity & Diversity Education Department
ELL	English Language Learner Division
FACES	Family And Community Engagement Services
IDPL	Instructional Design & Professional Learning
NICRP	Nevada Institute for Children's Research and Policy
SNRPDP	Southern Nevada Regional Professional Development Program
SRTS	Safe Routes to School
UNCE	University of Nevada Cooperative Extension
Vegas PBS	Vegas Public Broadcasting System