

# Parenting Project Schedule September 2018

# **Triple P-Positive Parenting Program**

For parents of children ages 2 through 11 years

**Triple P** helps parents build a more positive relationship with their children and deal positively, consistently and decisively with problem behaviors. *Children do not attend this class.* 

| Day                                | 8-10 Session<br>Program<br><b>Start Date:</b> | Location<br>Address<br>Zip Code and Major Cross Streets  | Start time | End time |
|------------------------------------|---|--|------------|----------|
| Monday                             | September 10                                  | Clark County Family Services 121 S. Martin Luther King Blvd. – Lincoln Room 89106 Symphony Park / Martin Luther King Blvd. | 6:00pm     | 8:30pm   |
| Tuesday                            | September 11                                  | Whitney Ranch Recreation Center 1575 Galleria Dr. 89014 Whitney Ranch Dr. / Patrick Ln.                                    | 5:30pm     | 8:00pm   |
| Wednesday                          | September 12                                  | Cambridge Community Center 3900 Cambridge St., Multipurpose Room 89119 Maryland Pkwy. / E. Flamingo Rd.                    | 6:00pm     | 8:45pm   |
| En Español<br>Viernes<br>(Friday)  | 14 de<br>Septiembre                           | En Español Fitzgerald Elementary School 2651 Revere St. 89030 W. Carey Ave. / Revere St.                                   | 9:00am     | 11:00am  |
| Saturday                           | September 15                                  | Clark County Family Services 121 S. Martin Luther King Blvd. – Lincoln Room 89106 Symphony Park / Martin Luther King Blvd. | 1:30pm     | 4:00pm   |
| Tuesday                            | September 18                                  | Mater Academy 4760 E. Bonanza Rd. 89110 E. Bonanza Rd. / Marion Dr.  | 10:00am    | 12:00pm  |
| En Español<br>Jueves<br>(Thursday) | 20 de<br>Septiembre                           | En Español Mater Academy 4760 E. Bonanza Rd. 89110 E. Bonanza Rd. / Marion Dr.   | 10:00am    | 12:00pm  |
| Wednesday                          | October 3                                     | Fitzgerald Elementary School 2651 Revere St. 89030 W. Carey Ave. / Revere St.  | 9:15am     | 11:15am  |
| En Español<br>Martes<br>(Tuesday)  | 16 de Octubre                                 | En Español East Las Vegas Community Center 250 N. Eastern Ave. 89101 Eastern Ave. / Stewart Ave.                           | 6:00pm     | 8:30pm   |

Register by calling the Parenting Project at 702-455-5295 Free of charge. Schedule is subject to change.

## September 2018

## BabyCare - For expecting or new parents of children birth to 6 months

Expecting and new parents have lots of questions. In this six-session program, expecting and new parents discuss many new-parent topics like bonding, infant care, early development, safety and positively nurturing and guiding behavior.

Children do not attend this class.

| Day      | 6 Session Program Start Date: | Location<br>Address<br>Zip Code and Major Cross Streets   | Start time | End time |
|----------|-------------------------------|---|------------|----------|
| Saturday | September 1                   | Cambridge Community Center 3900 Cambridge St., - Suite 203 89119 Maryland Pkwy. / E. Flamingo Rd.       | 9:30am     | 12:00pm  |
| Saturday | October 13                    | Cambridge Community Center<br>3900 Cambridge St., - Suite 203<br>89119 Maryland Pkwy. / E. Flamingo Rd. | 9:30am     | 12:00pm  |

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## Sentember 2018

## Nurturing Parents & Families- For parents of children 6 months through 4 years

This six session program promotes positive, healthy and nurturing interactions between parents and their infants, toddlers and preschool children and offers skills to positively guide behavior, establish routines, manage stress and solve problems. *Children do not attend this class.* 

| Day      | 6 Session Program<br>Start Date: | Location<br>Address<br>Zip Code and Major Cross Streets  | Start time | End time |
|----------|----------------------------------|--|------------|----------|
| Thursday | September 6                      | Clark County Family Services 121 S. Martin Luther King Blvd. – Lincoln Room 89106 Symphony Park / Martin Luther King Blvd.   | 6:00pm     | 8:30pm   |
| Tuesday  | October 9                        | Black Mountain Recreation Center<br>599 Greenway Rd., Henderson, NV<br>89015 Horizon Dr. / Greenway Rd.                      | 5:30pm     | 8:00pm   |
| Thursday | October 18                       | Clark County Family Services  121 S. Martin Luther King Blvd. – Lincoln Room  89106 Symphony Park / Martin Luther King Blvd. | 6:00pm     | 8:30pm   |

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#### September 2018

# ABCs of Parenting - For parents of children ages 5 through 10 years

In this fun and interactive six-session program, parents of school-age children explore strategies to promote development, encourage positive behavior, teach responsibility, and communicate effectively with children including talking to children about drugs, alcohol and other tough issues. *FREE!!!* 

| Day                                    | 6 Session Program Start Date | Location<br>Address<br>Zip Code and Major Cross Streets  | Start time | End time |
|--|------------------------------|--|------------|----------|
| Saturday                               | September 8                  | Cambridge Community Center 3900 Cambridge St., Multipurpose Room 89119 Maryland Pkwy. / E. Flamingo Rd.                    | 9:30am     | 12:00pm  |
| Tuesday                                | September 11                 | Clark County Family Services 121 S. Martin Luther King Blvd. – Lincoln Room 89106 Symphony Park / Martin Luther King Blvd. | 6:00pm     | 8:30pm   |
| En Español<br>Miércoles<br>(Wednesday) | 12 de<br>Septiembre          | En Español Walnut Recreation Center 3075 N. Walnut Ave. 89115 Cheyenne Ave. / east of Las Vegas Blvd.                      | 5:30pm     | 8:00pm   |
| Thursday                               | September 13                 | Cambridge Community Center 3900 Cambridge St., Multipurpose Room 89119 Maryland Pkwy. / E. Flamingo Rd.                    | 6:00pm     | 8:30pm   |

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## Staying Connected With Your Teen -For parents & youth ages 11 to 17 years

Parents and youth participate together in this six-session program. Families implement positive behavior approaches and use problem-solving and conflict resolution strategies that support and encourage youth development. **Youth 11 and older may attend with a parent/caregiver. FREE!!** 

| Day                               | 6 session program Start Date | Location<br>Address<br>Zip Code and Major Cross Streets  | Start time | End time |
|-----------------------------------|------------------------------|--|------------|----------|
| Monday                            | September 10                 | Cambridge Community Center<br>3900 Cambridge St., Multipurpose Room<br>89119 Maryland Pkwy. / E. Flamingo Rd.              | 6:00pm     | 8:30pm   |
| Tuesday                           | September 11                 | Walnut Recreation Center 3075 N. Walnut Ave. 89115 Cheyenne Ave. / east of Las Vegas Blvd.                                 | 5:30pm     | 8:00pm   |
| Wednesday                         | October 3                    | Clark County Family Services 121 S. Martin Luther King Blvd. – Lincoln Room 89106 Symphony Park / Martin Luther King Blvd. | 6:00pm     | 8:30pm   |
| Thursday                          | October 11                   | Whitney Ranch Recreation Center 1575 Galleria Dr. 89014 Whitney Ranch Dr. / Patrick Ln.                                    | 5:30pm     | 8:00pm   |
| En Español<br>Juves<br>(Thursday) | 11 de Octubre                | En Español Cambridge Community Center<br>3900 Cambridge St., Multipurpose Room<br>89119 Maryland Pkwy. / E. Flamingo Rd.   | 6:00pm     | 8:30pm   |

Youth ages 11 and older attend with a parent or caregiver.

Register by calling the Parenting Project at 702-455-5295. Schedule is subject to change.

#### September 2018

# Teen Triple P (Teen Positive Parenting Program)



For parents of teenagers ages 11 to 17 years
In this 8-session course parents explore strategies to increase desirable teen behaviors and manage problem behaviors in a constructive and caring manner to reduce conflict and minimize risk taking behavior. For adults only.

| Day       | 8 session program Start Date | Location<br>Address<br>Zip Code and Major Cross Streets  | Start time | End time |
|-----------|------------------------------|--|------------|----------|
| Wednesday | September 5                  | Foundation for Recovery 4800 Alpine Place, Suite 11 89107 Decatur Blvd. / Charleston Blvd.                                 | 6:00pm     | 8:30pm   |
| Tuesday   | September 11                 | Mack Middle School 4250 Karen Ave. – Theater 89121 Lamb Blvd. / Sahara Ave.  | 9:30am     | 11:30am  |
| Saturday  | September 15                 | Clark County Family Services 121 S. Martin Luther King Blvd. – Lincoln Room 89106 Symphony Park / Martin Luther King Blvd. | 10:00am    | 12:30pm  |

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## September 2018

## Stepping Stones Triple P For parents or caregivers of a child who has a disability

This program is designed for parents and caregivers raising a child ages 2-12 with a disability and explores skills and tools to promote positive behaviors and deal with misbehavior in a way that makes a difference in daily family life. *Children do not attend this class.* 

| Day                               | 8 Session<br>Program<br>Start Date: | Location<br>Address<br>Zip Code and Major Cross Streets   | Start time | End time |
|-----------------------------------|-------------------------------------|---|------------|----------|
| En Español<br>Martes<br>(Tuesday) | 11 de<br>Septiembre                 | En Español Cortez Elementary School 4245 E Tonopah Ave. 89115 Lamb Blvd. / Owens Ave.                 | 8:30am     | 10:30am  |
| Monday                            | September 17                        | Cambridge Community Center<br>3900 Cambridge St., Suite 203<br>89119 Maryland Pkwy. / E. Flamingo Rd. | 6:00pm     | 8:30pm   |

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# Primary Care Triple P -Parenting consultations

This brief, targeted one-to-one program assists parents and caregivers in creating a parenting plan to manage specific behavioral challenges related to their child or teen. Over several weeks parents develop an individualized parenting plan targeting the area of concern.

Schedule a consultation by calling the Parenting Project at 702-455-5295 Free of charge. This is a site-based service.